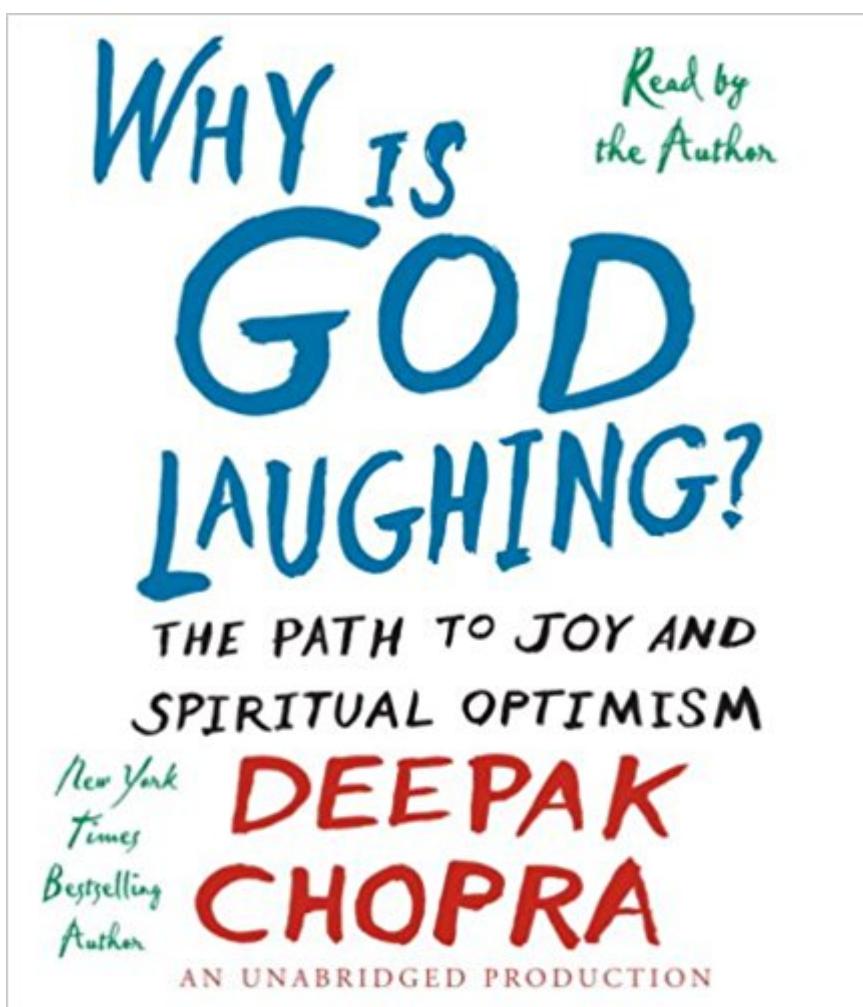


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# Why Is God Laughing?: The Path To Joy And Spiritual Optimism



## Synopsis

In this refreshing new take on spirituality, bestselling author Deepak Chopra uses a fictional tale of a comedian and his unlikely mentor to show us a path back to hope, joy, and even enlightenment "with a lot of laughter along the way. Meet Mickey Fellows. A successful L.A. comedian, he's just a regular guy, with his fair share of fears, egocentricities, and addictions. After his father's death, Mickey meets a mysterious stranger named Francisco, who changes his life forever. The two begin an ongoing discussion about the true nature of being. Reluctantly at first, Mickey accepts the stranger's help and starts to explore his own life in an effort to answer the riddles Francisco poses. Mickey starts to look at those aspects of himself that he has hidden behind a wall of wisecracks all his life. Eventually Mickey realizes that authentic humor opens him up to the power of spirit "allowing him to finally make real connections with people. After taking the reader on a journey with Mickey, Chopra then spells out the lessons that Mickey's story imparts to us: ten reasons to be optimistic, even in our challenging world. Chopra believes that the healthiest response to life is laughter from the heart, and even in the face of global turmoil, we can cultivate an internal sense of optimism. Rich with humor and practical advice, *Why Is God Laughing?* shows us without a doubt that there is always a reason to be grateful, that every possibility holds the promise of abundance, and that obstacles are simply opportunities in disguise. In the end, we really don't need a reason to be happy. The power of happiness lies within each of us, just waiting to be unleashed. And Mickey Fellows' journey shows us the way. From the Hardcover edition.

## Book Information

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## Customer Reviews

â œWhy is God laughing? Good question. Deepak takes us halfway to an answer, to a line in the sand. Then, after weâ™ve contemplated the parable of Mickey Fellows, we cross that line and arrive at the liberating answer on our own. What is it? I ainâ™t telling. Read the book yourself!â•â "Dan Aykroyd, actor and comedianâ œWhy Is God Laughing? deserves a standing ovation; I couldnâ™t put it down. Deepak Chopra has written another life-changing book that I will definitely recommend to everyone.â•â "Mike Robles, Emmy Awardâ™ winning comedian; creator and executive producer of Que Locos and Loco Comedy Jam âœlf youâ™re skimming these quotes to see whether youâ™re going to buy this book, donâ™t bother. Just read a bit of chapter five!â•â "John Cleese, actor and comedianFrom the Hardcover edition.

Deepak Chopra is the author of more than fifty books translated into over thirty-five Â-languages, including numerous New York Times bestsellers in both the fiction and nonfiction categories. Chopraâ™s Wellness Radio airs weekly on Â-Sirius Satellite Stars, Channel 102, and focuses on the areas of success, love, sexuality and relationships, well-being, and spirituality. He is founder and president of the Alliance for a New Humanity. Visit his website at [www.deepakchopra.com](http://www.deepakchopra.com).

I picked up this book with high hopes. I generally like Chopra's work, although I am not a hard-core fan, and I love to laugh. I also believe humour is a key companion to spiritual growth - when you can laugh at yourself, you probably have hit on some self-truth. And Mike Myer's Foreword seemed to be heading in the right direction, quoting Lenny Bruce's equation for comedy as "laughter = pain + time", and noting that Chopra would call the 'plus time' detachment. Enlightenment and comedy share that in common. Unfortunately Why is God Laughing? doesn't quite follow-through on its promise, although it has some nice moments. The main problem for me is that the book seems more like an outline, and a derivative one at that. It doesn't evoke any powerful emotions, because we don't have enough time with the main character, Mickey, to feel invested in him. The entire book feels rushed, more like a premise for hitting certain spiritual points, chapter by chapter. These points, or lessons, drive the book's progression more than the character's inner growth. This is often a problem when non-fiction writers cross over to fiction, but I thought Chopra had solved it after his last fiction effort, Buddha: A Story of Enlightenment (recently released in paperback, and which I highly recommend.)Chopra's epilogue is interesting, as he lays out his own ideas on how to embrace joy and optimism while living in a scary, fear-based culture. If the story doesn't grab you, you can always jump straight to the epilogue for a good Chopra fix. The bottom line is, the themes of this book are true to his usual message, and clearly presented - it just doesn't work as a novel.

So you probably won't be deeply disappointed, but you won't be deeply moved either. If you don't want to risk it, just buy *Buddha: A Story of Enlightenment* instead.

I read this book just in time. Not later nor before, just when I had to read it. If I wouldn't know and experience what I had so far until I started reading the book, I don't know what would I have understood... This is one of those books that can't be judge by its cover and title, it all makes meaning at the end! Great book!

There is a LOT more to this book than the title suggests. I picked it up thinking I was going to merely find a way to bring a little more of a fun or humorous outlook to my daily life. Instead, it made me question the "reality" of my daily life, what I had previously defined as "me," and what I saw as the world around me. Yes, it was a fun read, but it's way deeper than that if you need it to be. Having read don Miguel Ruiz and Eckhardt Tolle, I would say this book is right up there with "The Four Agreements" and "The Power of Now" in terms of potential for impact in your life. Similar message told in a slightly different way through a story about a relatively ordinary guy. I think Chopra did a wonderful job with making the information and concepts more accessible to more people with this story format. Then if you don't get it in the story, the last chapter consists of a detailed explanation of how to achieve joy (freedom). Highly recommended if you are looking to break free of the old story of your life.

I was not charmed by the story of the comic that is the launch point of the book, but I found the principles of spiritual optimism at the end to be more than worthy of the read. They were interesting and prompted good discussion with our book group.

This book re-enforced some spiritual thoughts that I have had for some time. However I read only the story portion of the book - the self help portion was not for me, but I do not subscribe to any "self-help" from others, kinda contradictory to "self-help" with someone else's self-help ideas. I did love the story & it is a true genius to figure out why god is laughing.... Loved it.

I found this book to be a quick read. It was very eye opening to me. This is a book I'm glad I bought the paper copy. I will read this over again for years to come.

Intellectually thought provoking. This book in its own comical way gave a lot of insight on how our

thoughts control our atmosphere and how we choose to live our lives. Someone recommended this book to me and it was worth the pennies spent.

I read this book shortly after my husband was killed in a motorcycle accident. It was a very well written, humorous, insightful, and uplifting book. I'd recommend it to anyone who is looking for change or meaning in their life, or anyone who is going through a particularly hard/traumatic event. It gave me a great perspective, and a great tool to start to understand my life and who I am in the face of my grieving. Wonderful book! Deepak is a master.

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